WC Division of Aging & Disability Services
1-877-222-3737
908-475-6591

OCTOBER 2017

Warren County Community Senior Center Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Centers Locations	**2**	**3**	**4**	**5**	**6**
Phillipsburg Senior Center 310 Firth Street Phillipsburg, NJ (908) 859-2423 Closed Tuesdays	Navy Bean **Rstd Chicken Quarter Paprika** Mashed Potatoes Green Beans Rye Bread Fruit Cocktail	Hungarian Mushroom **Beef Teriyaki** Rice Pilaf Mixed Oriental Vegetables Dinner Roll Fresh Clementine	Grape Juice **Eggplant Rollatini** Penne Marinara w/extra sauce Salad w/Carrots & Chick Peas 1-C Italian Bread Brownie	Chicken Noodle **Salisbury Steak with Gravy** Mashed Potatoes Sautéed Kale Whole Wheat Bread Fruited Jell-O w/topping	Pineapple Juice **Crab Cake w/tartar sauce** Macaroni & Cheese 6oz Stewed Tomatoes Rye Bread Sliced Pears
	9	**10**	**11**	**12**	**13**
Faith Discovery Church 33 Brass Castle Rd Washington, NJ 908-689-0650	**CLOSED** 	Creamy of Spinach **Ziti Bolognese (10 oz.)** **2 meatballs & extra sauce** Tossed Salad Sautéed Spinach Soft Garlicky Breadsticks Peach Halves	Apple Juice **Center Cut Pork Chop w/Gravy** Boiled Potatoes with Dill Sauce Harvard Beets Rye Bread Pound Cake	Lemon Basil Chicken Orzo **Chicken Cutlet w/Mushroom Sauce** Fresh Roasted Sweet Potato Baby Carrots & Mushrooms Pumpernickel Bread Fresh Pear	Orange Juice **Broiled Fish w/Mustard Yogurt Sauce** Brown Rice Pilaf Lima Beans Whole Wheat Bread Ice Cream Sundae Cup
	16	**17**	**18**	**19**	**Cookie Month 20**
Hackettstown Senior Center 293 Main Street Hackettstown, NJ 908-850-5438	Pineapple Juice **Baked Ham Slice** Whipped Sweet Potatoes Peas & Carrots Rye Bread Pineapple Chunks	Split Pea **Baked Ziti with Small Sausage** Italian Green Beans Romaine Salad Italian Bread Vanilla Pudding w/topping	Potato-Cheese Soup **Kielbasa** Scalloped Potatoes Red Cabbage Long Italian Roll Sliced Pears	Chicken Tomato Rice **Tuna Salad on Lettuce 4oz** Cole Slaw Three Bean Salad Whole Wheat Bread Fresh Apple	Cranberry Juice **Boneless Chicken Breast w/Lemon Sauce** Yellow Rice w/Peas & Onions Broccoli & Cauliflower Pumpernickel Bread Assorted Cookies
	23	**24**	**25**	**26**	**27**
Knowlton Lions Den 505 Route 94 Columbia, NJ 908-496-4001	Grape Juice **2 Stuffed Shells w/2 Turkey Meatballs – Extra Sauce** Italian Blend Vegetables Whole Wheat Bread Mandarin Oranges	Chicken Corn Chowder **Beef Chili** Rice & Red Beans Sautéed Spinach Corn Muffin Butterscotch Pudding w/Topping	Apple Juice **Potato Crusted Fish w/lemon** Whipped Sweet Potatoes Peas Coleslaw Whole Wheat Bread Sliced Peaches	Garlic Potato **Pot Roast with Gravy** Mashed Potatoes Romaine Salad w/Tomatoes & Onion Pumpernickel Bread Green Apple	Blended Juice **Chicken Cutlet Parmesan Spaghetti w/extra sauce** Diced Carrots Dinner Roll Sliced Pears – HDM Birthday cakes - Congregate
	30	**Happy Halloween 31**			
	Stuffed Pepper **Sweet & Sour Meatballs** Buttered Egg Noodles Green Beans Pumpernickel Bread Fresh Pear	Sweet Potato Bisque **Roasted Turkey Breast w/Gravy** Mashed Potatoes Broccoli Au Gratin Whole Wheat Bread Cupcake			

Lunch is served at 12 pm

Please call 24 hours in advance to make your reservation.

Suggested donation
Age 60+ - $3.00
Under Age 60 - $5.65 Fee

MENU SUBJECT TO CHANGE